**New Hope Baptist Church**

**Word Encounter**

**March 24, 2020**

**Antidote for Anxiety**

**Philippians 4:1-7**

*Bishop Antonio R. Sewell, Pastor/Teacher*

One of the greatest problems we as Christians have is worry. It has been said that 99% of what we worry about never happens. So what is the cure, the antidote for this anxiety?

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fast (v.1)
2. Make \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (v.2)
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Others (v.3)
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the Lord (v.4)
5. Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (v.5)
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (v.6-7)